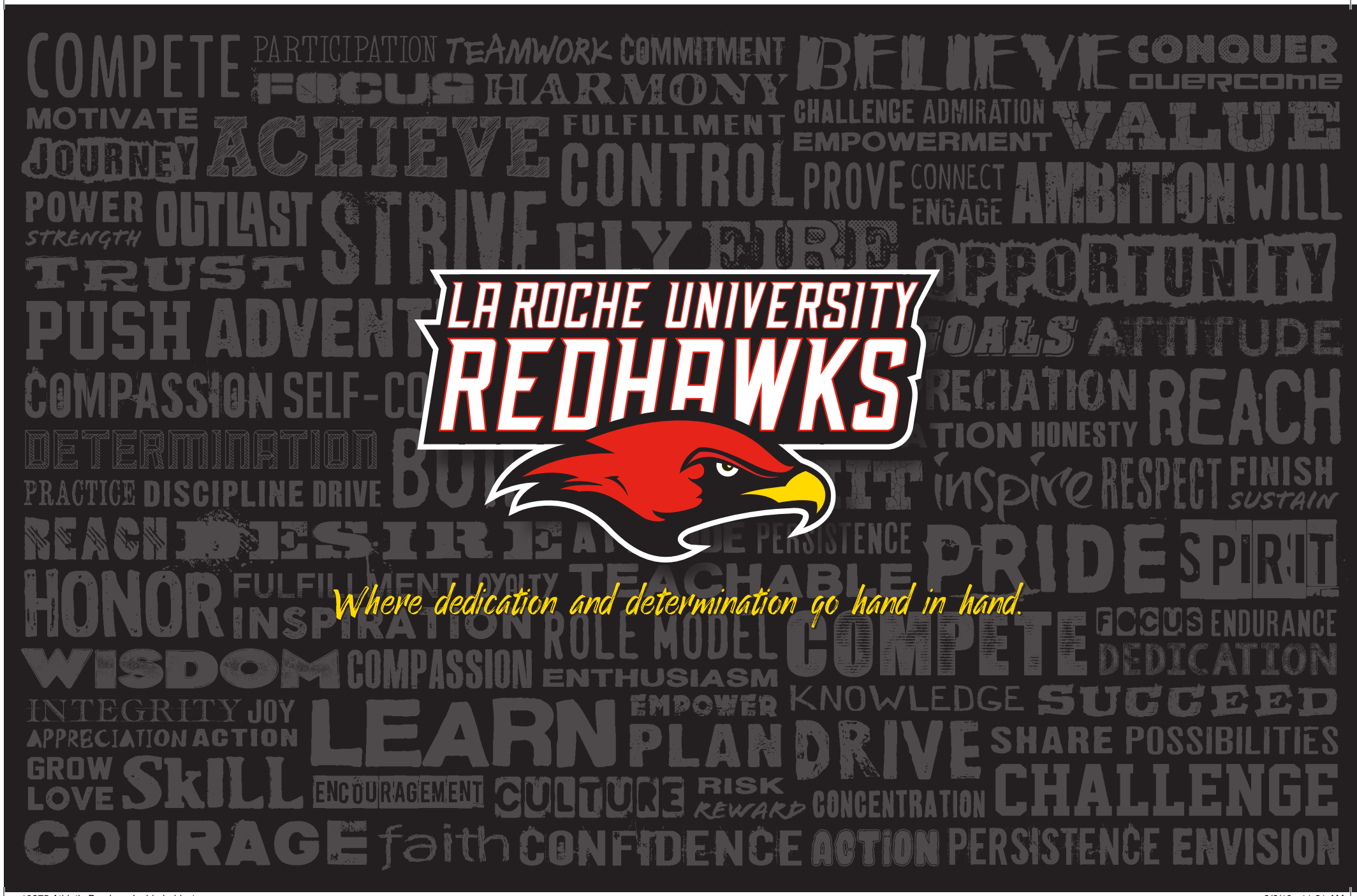

LA ROCHE UNIVERSITY REDHAWKS

Where dedication and determination go hand in hand.

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GET IN THE GAME

With a long history of success in the Allegheny Mountain Collegiate Conference, we give young athletes the chance to experience hard-earned victories both on and off the field.

La Roche currently offers 14 NCAA Div. III varsity sports:



MEN'S

Baseball
Basketball
Cross Country
Golf
Lacrosse
Soccer

WOMEN'S

Basketball
Bowling
Cross Country
Lacrosse
Soccer
Softball
Tennis
Volleyball



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"I chose La Roche because of the small and beautiful campus. I knew I wanted to stay close to home while also playing volleyball. La Roche was perfect for me."

– BETHANY N. | **MAJOR:** UNDECLARED
HOMETOWN: SAXONBURG, PA

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THE HAWK'S NEST

Top-notch and top-quality are the best words to describe our athletic facilities, which include modern amenities for all student athletes to practice, play and prosper.

At the heart of it all is the Kerr Fitness & Sports Center, where our 1,200-seat gymnasium serves as the home-court to our basketball and volleyball teams, and where enthusiastic fans gather to show off their Redhawk pride.

But Kerr is much more than a sports venue; it's a resource for students who want to keep their bodies in shape and their minds healthy. Students can use the facility for weight lifting or cardio, to run laps around our indoor track, and to prepare for big games or performances in one of our training rooms.







OUR TURF

Beyond the Kerr Fitness & Sports Center is our Baierl Athletic Complex, featuring an artificial turf field, home to our soccer and lacrosse teams.

In the spring and summer, you can watch our nationally ranked baseball team hit homeruns out of the John Arnold Sr. Memorial Field or witness the victories of our Lady Redhawks at the La Roche University Softball Field.











"You form bonds with your teammates and your coaches – you become a family. You sweat, you cry and you bleed together. But it's worth it, especially when you are part of a team that's five-peat champions."

– DANASHA H. | **MAJOR:** ACCOUNTING
HOMETOWN: UNIONTOWN, PA

WE KEEP SCORE INSIDE AND OUTSIDE OF THE CLASSROOM

At our campus, grades count and the *student* in student-athlete matters. Our priority is to help you find a balance between schoolwork and sports so that you can succeed on the field and inside of the classroom.

We offer a variety of ways for you to play the sport you love while working toward your degree:

- Student-athlete study halls to help you stay focused on your classwork
- Faculty athletic representatives to provide individualized attention and support
- Early academic alerts and registration for you to move ahead without falling behind





AMCC CHAMPIONS

NCAA DIVISION III

2018-2019
NCAA Tournament Appearance
Baseball

Tournament Champions
Baseball

Regular Season Champions
Baseball
Men's Basketball
Women's Basketball

2017-2018
AMCC Championship
Baseball
Women's Basketball

AMCC Regular Season Champions
Baseball
Women's Basketball

2016-2017
NCAA Tournament Appearance
Baseball
Women's Basketball

Tournament Champions & Regular Season Champions
Baseball
Women's Basketball

2015-2016
NCAA College World Series Division III National Semifinalist & NCAA Mideast Regional Champions
Baseball

NCAA Tournament First Round
Women's Basketball

Tournament Champions & Regular Season Champions
Baseball
Women's Basketball

2014-2015
NCAA Tournament Mideast Region Runner-Up
Baseball

NCAA Tournament First Round
Women's Basketball

Tournament Champions & Regular Season Champions
Baseball
Women's Basketball

2013-2014
NCAA Tournament Mideast Region
Baseball

NCAA Tournament First Round
Women's Basketball

Tournament Champions & Regular Season Champions
Baseball
Women's Basketball

2012-2013
NCAA Tournament First Round
Women's Basketball
Women's Tennis

Tournament Champions
Women's Basketball
Women's Tennis

Regular Season Champions
Men's Basketball
Women's Basketball

2011-2012
NCAA Tournament Mideast Region
Baseball

NCAA Tournament First Round
Women's Basketball

Tournament Champions & Regular Season Champions
Baseball
Women's Basketball





FOR MORE INFORMATION

Please complete the following information, detach the form and mail it to us.

Name: _____

_____

❑ Male ❑ Female

Address: _____

City: _____ State: _____

ZIP: _____ Email: _____

Cell phone: _____ Home phone: _____

High school: _____

Year of graduation: _____

Sport(s) of interest: _____

_____

_____

Years of varsity participation: _____

Anticipated Major: _____

_____

LRU REDHAWKS

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BRM ART
NEED UPDATED TO
LA ROCHE UNIVERSITY









TRAVEL. PLAY. REPRESENT.

La Roche competes against several colleges in the Allegheny Mountain Collegiate Conference (AMCC) in the NCAA Div. III.

- *D'Youville College*
- *Franciscan University*
- *Hilbert College*
- *Medaille College*
- *Mount Aloysius College*
- *Penn State Altoona*
- *Penn State Behrend*
- *University of Pittsburgh at Bradford*
- *University of Pittsburgh at Greensburg*

ALLEGHENY MOUNTAIN AMCC COLLEGIATE CONFERENCE

NCAA®

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